

Le Chaperon Rouge

MENU WEEK 1 & 2

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MONDAY		TUESDAY		MENU WEEK 1 WEDNESDAY		THURSDAY		FRIDAY	
BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST	
scrambled eggs/ wheat bread fruit cocktail milk	assorted dry cereal apples milk	French toast & syrup applesauce milk	cinnamon oatmeal raisins milk	banana pancakes pears milk					
LUNCH		LUNCH		LUNCH		LUNCH		LUNCH	
beef ravioli & meat sauce green beans peaches milk	chicken patty baked beans pineapple milk	cheese pizza carrots raisins milk	turkey & cheese roll-ups tomato soup oranges milk	meatloaf w/ mashed potatoes carrots & peas pears milk					
SNACK		SNACK		SNACK		SNACK		SNACK	
ice cream cones juice	vanilla wafers & yogurt juice	celery sticks & peanut butter juice	graham crackers & bananas juice	oatmeal or chocolate cookies juice					

MONDAY		TUESDAY		MENU WEEK 2 WEDNESDAY		THURSDAY		FRIDAY	
BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST	
pancakes & syrup applesauce milk	assorted dry cereal apples milk	French toast & syrup melon milk	assorted dry cereal apples milk	scrambled eggs/ wheat bread bananas milk					
LUNCH		LUNCH		LUNCH		LUNCH		LUNCH	
beef lasagna broccoli fruit cocktail milk	chicken nuggets mashed potatoes & gravy corn, pineapple milk	turkey hot dog on a bun carrots mandarin oranges milk	PB&J on wheat bread chicken veg. soup apples milk	chicken nachos tossed salad peaches milk					
SNACK		SNACK		SNACK		SNACK		SNACK	
ice cream cones juice	Ritz crackers & jelly juice	trail mix juice	vanilla wafers & watermelon juice	oatmeal or chocolate cookies juice					

TOSSED SALAD CONTAINS: ICEBERG LETTUCE, CARROTS AND PURPLE CABBAGE

WHOLE MILK IS PROVIDED TO INFANT AND TODDLERS. 2% MILK IS PROVIDED TO PRESCHOOL AND SCHOOL AGERS.

MENU WEEK 3 & 4

MENU WEEK 3 & 4

Le Chaperon Rouge



MONDAY		TUESDAY		MENU WEEK 3 WEDNESDAY		THURSDAY		FRIDAY	
BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST	
scrambled eggs/ wheat bread fruit cocktail milk	assorted dry cereal bananas milk	French toast & syrup pineapple milk	assorted dry cereal melon milk	pancakes & syrup applesauce milk					
LUNCH		LUNCH		LUNCH		LUNCH		LUNCH	
chicken & gravy mashed potatoes corn, applesauce milk	sloppy joe green beans peaches milk	cheese pizza baked beans fruited jello milk	turkey bologna on wheat chicken nood soup oranges milk	spaghetti w/ meat sauce tossed salad fruit cocktail milk					
SNACK		SNACK		SNACK		SNACK		SNACK	
ice cream cone juice	saltine crackers & cheese juice	goldfish crackers & raisins juice	graham crackers & yogurt juice	oatmeal or chocolate cookies juice					

Monday		TUESDAY		MENU WEEK 4 WEDNESDAY		THURSDAY		FRIDAY	
BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST	
french toast & syrup melon milk	assorted dry cereal bananas milk	scrambled eggs/wheat bread fruit cocktail milk	assorted dry cereal raisins milk	pancakes & syrup applesauce milk					
LUNCH		LUNCH		LUNCH		LUNCH		LUNCH	
macaroni & cheese baked beans peaches milk	chili, taco chips & cheese corn pineapple milk	chicken casserole tossed salad mandarin oranges milk	ham & cheese sandwich beef veg. soup bananas milk	fish sticks mashed potatoes, peas fruit cocktail milk					
SNACK		SNACK		SNACK		SNACK		SNACK	
ice cream cone juice	carrots, celery & ranch juice	goldfish & marshmallows juice	graham crackers & apples juice	oatmeal or chocolate cookies juice					

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